~Finding Philothea~

Chicken Noodle Soup For Two Serves 2

Ingredients

1 large boneless chicken breast 2 scallions, left whole 1 bay leaf 1 thyme branch 2 black peppercorns 1 allspice berry 2 cloves kosher salt fresh ground pepper 2 tablespoons unsalted butter 2 tablespoons olive oil 2 garlic cloves, minced 1 shallot, minced 1 carrot, finely diced 1 celery stalk, finely diced 1/2 teaspoon garlic powder 1/2 teaspoon onion powder 1/2 teaspoon oregano 1/2 pound extra wide egg noodles

Preparation

- 1. Put chicken breast in medium saucepan and cover with two cups of water. Add scallions, bay leaf, thyme, peppercorns, allspice berry, cloves, and a dash of kosher salt and a grind of fresh pepper.
- 2.Simmer chicken in broth over medium-high heat until internal temperature of chicken reaches 165 degrees Fahrenheit, about thirty minutes, flipping chicken midway.
- 3. Turn off heat and remove chicken. After chicken has cooled, shred with a fork and your fingers. Set aside.
- 4.Strain broth into a medium sized bowl and reserve. Discard scallions, bay leaf, thyme, peppercorns, allspice and cloves.
- 5. In the same saucepan over medium heat, add 1 teaspoon of butter, olive oil, garlic and shallot. Cook until garlic and shallot tender, about five minutes. Stir in carrots and celery, cooking another ten minutes or until tender.
- 6.Slowly stir in reserved stock to saucepan. Add shredded chicken, a big dash of salt, a grind of fresh black pepper, garlic powder, onion powder, and oregano. Turn heat down to low, stirring occasionally.
- 7. Season soup to taste. Add more water and seasonings if necessary.
- 8.Meanwhile, boil salted water for pasta. Add in pasta when water boils, cooking according to pasta's packaging instructions.
- 9. Drain cooked pasta. Toss remaining teaspoon of butter on pasta to coat.
- 10. Ladle soup into two bowls. Add buttered pasta into each bowl.
- 11. Serve with plain or Gruyere broiled bread. Enjoy!

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